



**UNIVERSITY OF THE THIRD AGE  
QUARTERLY NEWSLETTER: JANUARY 2019**

U3A CT, PO Box 785, Howard Place, 7450 - Administrator Telephone 021 532 7522  
\* Email: [u3a.ct@sybaweb.co.za](mailto:u3a.ct@sybaweb.co.za) \* Website: <http://www.u3a-ct.org.za>

**WELCOME TO THE NEW YEAR 2019!**

In South Africa the years may not always be good, but they sure are exciting!

**COURSES OF INTEREST**

This year we are fortunate to have a brand new very comfortable campus to accommodate two new courses\* and five old courses which have been left homeless because previous campuses are undergoing renovations. Tokai Estate, a retirement complex forming part of the Faircape Group, is situated at the end of Vans Road, Tokai, just below the Blue Route Mall. It can easiest be accessed from Tokai Road.

The courses to be found there are as follows:-

1st Monday morning	<b>Environment Topics</b> , with Linda Pollard (021-794 6654)
2nd Monday morning	<b>Natural Science</b> , with Ken Buchanan (021-671 1033)
3rd Monday morning	<b>Armchair Travel</b> , with Alan Dunnell (021-531 5604)
3rd Wednesday morning*	<b>Computer Solutions</b> , with Alan Caulfield (0218026806)
4th Wednesday morning*	<b>Astro-topics</b> , with Maciej Soltynski (021-712 9931)
3rd Thursday afternoon.	<b>History</b> , with Cherril Charman (021-715 0888)

In the Healthcare Centre: Every Wednesday morning for 8 weeks from 23 January:  
**Birding for Beginners (Part 1)** with Heather Howell (021-713 0853)

**1 \*Computer Solutions**

Members will bring computer problems along and we will look at them displayed on the big screen so that others can learn from the everyday issues experienced by people of our generation. Nothing will be too modest, but we will not be giving courses of instruction. Problems can be sent in or brought along to the meeting. We will also talk about any scams circulating or that people have encountered, plus anything else of interest, computer-related. We don't expect to be able to solve all problems. Any offers of help from computer boffins will be very welcome.

**2 \*Astro-topics**

Astro-topics is a series of self-contained presentations on some of the wonders of the Universe, that is, on various subjects in Astronomy and Cosmology. The medium is a lecture, supported by a PowerPoint presentation. No prior knowledge of the subjects is required.

Possible Astro-topics include: What's in the Universe; The Solar System; Black Holes; Hubble, the man and the telescope.

Man is a political animal. We come from a political ancestry, but approximately 6 mya we humans struck a new path: hyper-politicisation. We're hyper-political. That is the secret of our unparalleled success as a species, but also the cause of the destruction we have wrought on our planet and which may be the cause of our demise as a species.

The course will ask you to stretch your minds, open them up to unfamiliar ideas, be tolerant of the opinions of others, but feel free to challenge. Evidence, logic and the occasional flash of insight will form the skeleton of the course, based on the columns contributed by Mike to Politicsweb.

Held at Sylvia Schrire's home in Kenilworth (021 6716964) at 10 am on the 3<sup>rd</sup> Tuesday of the month.

**N.B. Please study your Course List very carefully as there are two other new courses – Homo Politicus and 3rd Age Hatha Yoga – and a number of changes of place, time and title.**

### **FORTHCOMING U3A GENERAL MEETINGS**

Due to the fact that UCT Summer School is ending a little earlier than usual this year, we will have an extra monthly General Meeting at the Baxter on Thursday 31 January. We will be honoured to have as our speaker UCT's new Vice-Chancellor Professor Mamokgethi Phakeng, who will share with us her vision for UCT.

On 28 February we shall have the pleasure of hearing Sue Hollingsworth from the Centre for Story Telling in Bristol.

On 28 March we have invited Kate McCallum of Oxford University Press to address us.



**Fynbos Ramblers – one of the U3A courses offered** (Photo taken by Pat Thompson)

### **ON TOUR WITH DERICK RULE**

Derick has organised a six day tour to Addo Elephant Park and the Wild Coast departing from Cape Town International Airport on May 5th and returning on May 10th 2019

For more detail, or to book for this tour, contact Derick on 021 532 0374, or 082 457 2965 or email Derick at [mwemrule@iafrica.com](mailto:mwemrule@iafrica.com)

## SUMMER SOCIALS

These are proceeding well in the capable hands of Kath Green and Peter Lawson. You can still join the last few events in January.

## RECENT MEETINGS AT THE BAXTER

### 25 October 2018

Dr Uvashi Mungal-Singh, a haematologist, pathologist, scientist and researcher spoke to us on 'Preparing for Medical Marijuana in South Africa'. This very topical subject was of interest to all.

The complete presentation can be found on the website of U3A – Cape Town.

<http://www.u3a-ct.org.za>

### 29 November 2018

Robin Malan (of *Ah Big Yaws* fame) entertained us with a talk on 'Under 25 poems by under-25 poets - looking at poetry from a different perspective'.

What a wonderful surprise – we met up with old school friends from our English poetry classes. Robin compared each poet from the age of under 25 years old to old age, showing photos of each poet aging. The poems he read to us were written by many familiar poets (Keats, Shelley, Barrett Browning, Eliot, Hughes, Stein, Auden, etc) when they were under the age of 25! Robin's inspirational readings had many of us in tears, wanting to rush home and return to our poetry studies.

## MONEY MATTERS

Thank you to all who have already paid their 2019 U3A subscriptions.

Angie, our bookkeeper, appeals to all who have not yet paid 2019 subs to do so, either by EFT or to bring their old cards or their membership numbers to the monthly meeting tables when paying. This will simplify her work.

Please note that the 'registration tables' are open from 09:30 to 10:15 exactly.

## MEMBERSHIP FEES

Annual subscription still remains at R40. An additional R10 is charged as a joining fee for new members and lapsed members. Also an extra fee of R20 is charged for those who want course lists and newsletters in hard copy by 'snail mail', except for those living in Woodside Village, Pinewood Village or Norfolk Place.

Please pay fees in cash at our meetings, or use an EFT (Bank details: Standard Bank, Pinelands, Branch Code 036309, Account no. 373 993943).

Cheques must include an extra R15 to cover bank charges.

### SUBSCRIBE to U3A GOOGLE EMAILS

To receive all notices, email: [u3a.ct@sybaweb.co.za](mailto:u3a.ct@sybaweb.co.za) and ask to be put on the Google groups list.

**AN APPEAL:** Please keep us notified of all changes to your *postal, telephone or email* details.